

DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

Domestic Violence is the use of **Power & Control** within an intimate relationship that threatens a person's well-being.

- It is:**
- a pattern of behavior
 - repeated episodes of violence that can escalate in severity
 - something that happens to married couples, dating couples, live-in romantic partners, and exes with or without children

(and it's not always physical)

TYPES OF ABUSE

- Physical
- Emotional
- Financial
- Sexual
- Digital
- Stalking
- Spiritual
- Reproductive Coercion & Birth Sabotage



What's an "intimate partner"?



- Current/former spouses
- Current/former live-in romantic relationship
- Two people with a child in common
- Romantic dating relationship

STATISTICS

1 in 3

women will experience violence.



1 in 7

men will experience violence.



1 in 5

people will experience violence.



53%

know a victim.



Marginalized Communities

Black and African American women experience domestic violence at a rate 2.5x's higher than their white counterparts.

54% of **transgender** individuals experience some form of intimate partner violence in their lifetime.

Youth & Teen Dating Violence

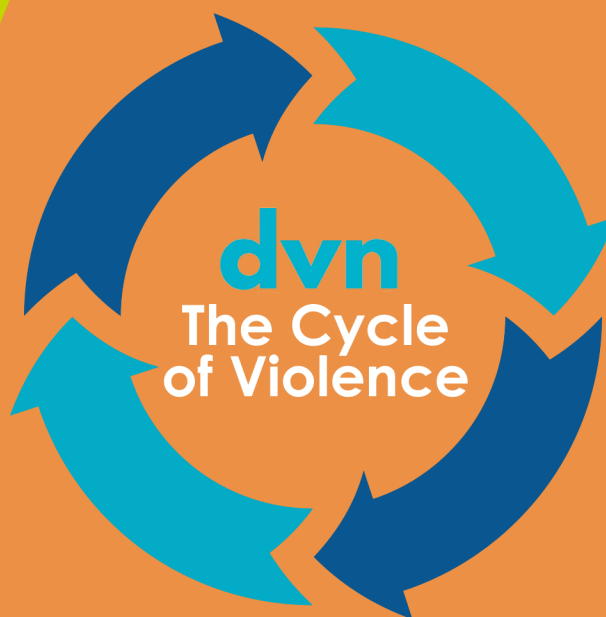
- **1 in 3 adolescents** will experience physical, emotional, or verbal abuse from a dating partner.
- Indiana ranks **3rd highest** out of 30 states for sexual dating violence among high school students.
- Only **9%** of abused teens seek help, and rarely from parents or teachers.

Tension Building

Negative behaviors, person causing harm is critical and moody, victim / survivor has general feeling of "walking on eggshells"

Honeymoon Period

The person causing harm may change minor things in behavior, this period may feel calm, the tension isn't as present during this period



Major Abusive Incident

The person causing harm explodes, and engages in significant emotional, physical, sexual abuse. Victim / survivor may leave

Reconciliation

The person causing harm apologizes, may promise it will never happen again, may give gifts

TRAUMA-INFORMED CARE



1. SAFETY

ensuring physical, emotional, & psychological safety



2. TRUSTWORTHINESS & TRANSPARENCY

decisions are made with transparency, with a goal of building & maintaining trust for all



3. PEER SUPPORT

utilizing stories & shared experiences to promote healing



4. COMMUNITY & COLLABORATION

healing happens within sharing power & decision-making, everyone has a role to play in the healing process.



5. EMPOWERMENT, VOICE, & CHOICE

individual's strengths are recognized, built on, & validated.



6. CULTURAL, HISTORICAL, & GENDER ISSUES

actively addressing biases, stigmas, cultures, stereotypes, & historical trauma in order to avoid re-traumatization